

JULY  
AUGUST  
2008

# C.A. Spirit

COCAINE ANONYMOUS OF WISCONSIN AREA, INC.

414.445-LIFE (5433) CAWISCONSIN.ORG

BI-MONTHLY NEWSLETTER

ISSUE #20

RARELY HAVE WE SEEN A PERSON FAIL WHO HAS THOROUGHLY FOLLOWED OUR PATH

Please join Wisconsin Area C.A. Central Office at our new location:  
**9203 W. Blue Mound Rd. Suite A**  
**Milwaukee, WI 53226**  
(use side door on 92nd street)



## Editor's Favorites...

### A VISION FOR YOU

Our book is meant to be suggestive only. We realize we know only a little. God will constantly disclose more to you and to us. Ask Him in your morning meditation what you can do each day for the man who is still sick. The answers will come, if your own house is in order. But obviously you cannot transmit something you haven't got. See to it that your relationship with Him is right, and great events will come to pass for you and countless others. This is the Great Fact for us. Abandon yourself to God as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny. May God bless you and keep you -- until then.

—*The Big Book of Alcoholics*  
Anonymous p. 164

We are always looking for submissions from members. If you have ideas, poems, stories, recovery humor or any special group related information that you would like to see in this publication, please send to: C.A. SPIRIT 9203 W. Blue Mound Rd. Suite A Milwaukee, WI 53226 or e-mail Sage, the C.A. Spirit editor: [insidious\\_insanity@yahoo.com](mailto:insidious_insanity@yahoo.com)



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***" The AA Big Book, AA 12 Steps and 12 Traditions, and the Hope Faith and Courage are used with permission. "***

*"In the spirit of Tradition 6: We are not allied with any sect denomination, politics, organization or institution".*



*Dear Addict,*

I hear everyone talking about all kinds of amends that they have to make. I don't think that my family or workplace is even aware of the extent of my using. Can't I just make a few casual apologies and be done with it?



*Dear Anonymous,*

*This attitude is the end result of purposeful forgetting. It is an attitude which can only be changed by a deep and honest search of our motives and actions. We should make an accurate and exhaustive survey of our past life as it has affected other people. In many instances we shall find that though the harm done others has not been great, the emotional harm we have done ourselves has. Very deep, sometimes quite forgotten, damaging emotional conflicts persist below the level of consciousness.*

*- Twelve Steps and Twelve Traditions p.79, 80*

Our World Service Conference approved books of Alcoholics Anonymous, Twelve Steps and Twelve Traditions, Hope, Faith & Courage, and other C.A. literature is used to answer inquiries to this section of the C.A. Spirit newsletter - *Dear Addict*. If you have difficulty understanding this or have questions regarding our literature, please ask for help from your Sponsor, or another member of C.A..

Opportunities for •  
**GROWTH**



## Calendar of Upcoming Cocaine Anonymous Events

**Breakfast Club Open Speaker Meeting**  
Saturday June 28, 2008  
Central Office  
10am

Join us for a farewell/retirement party for Tracy! Dinner will be grilled after the meeting. Yum!



## 2nd Annual CA of Wisconsin CAmpVention August 1st, 2nd and 3rd, 2008 Wisconsin Dells, WI

Marathon Meeting Area Available! Fellowship, Swimming, Boating, Mini-Golf, Volleyball, Meetings, Food and Fun!

### FRIDAY

3-10 PM Registration/Camping Set-Up  
8:30PM Red Ball/Fireside Meeting

### SATURDAY

9 AM—10 PM Registration  
9-10:30 AM Morning Speaker/Meeting  
1-2:30 PM Mid-day Meeting  
5:30—7:00 PM BBQ Dinner  
7:00 PM Speaker Meeting  
9:30 PM Dance

### SUNDAY

9-10:30 AM Sunday Morning Breakfast  
10:30 AM Clean-Up, CAmpVention Closing  
(Tentative schedule of events)

**REGISTRATION FORMS HAVE MORE INFO.  
AND ARE AVAILABLE AT ALL MEETINGS!  
REGISTER TODAY!**

**Razor's Edge presents:**  
**Fun in the Sun!**  
**July 12, 2008**



Please pick up a flyer at any meeting for more information.

Share your Group or Area Committee Events... For more information email the C.A. Spirit Editor, Sage S. at [insidious\\_insanity@yahoo.com](mailto:insidious_insanity@yahoo.com)

Event flyers may be found at your C.A. home group literature table or on our web page: [cawisconsin.org](http://cawisconsin.org)

### *Step Seven: Humbly asked Him to remove our shortcomings.*

“My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen.”

(p. 76 BB)

On page 76 of the Big Book you will not only find that seventh Step Prayer, but you will also find the quote stating that “faith without works is dead”. It was with this axiom that I began to see some recovery in what I was doing with my life. I was actually *doing* something rather than *expecting* life to change and announce “Michael, you’ve been a victim your whole life, so now when you wake up tomorrow it’ll all be dif-

ferent”.

If you’re still waiting for that miraculous transition, and are doing none of the foot work, you better get ready for a long wait.

Step Seven taught me what humility is. (It doesn’t mean that just because I knew what humility was, that I automatically possessed it.) I have led a life that was rife with obnoxiousness, aggression, preying on others’ weaknesses, actually, preying on others for all the weaknesses I possessed and fought like mad to suppress. In a lot of ways I am still that same person. Close to two years in sobriety and that old Michael rears its ugly head. The craziest of character defects can dig in, they can burrow themselves in if I do not treat my body with the substance that kills these parasites. The great killers of

these parasites are the 12 Steps of Alcoholics Anonymous. There is an irony here. The same weaknesses in which I preyed upon in others are the strength’s in which I seek out to arm myself with today.

A Higher Power of my understanding is forever available to me. When I can sincerely ask for Divine assistance, (Humbly ask Him to remove my shortcomings) I have then begun that arduous journey into self. As long as I work to achieve maximum service to God and others I will do just fine, even on those occasions where I seem to bomb miserably. Today my intent is to learn and grow and not learn to destroy.

Michael A.

Sobriety Date: July 12<sup>th</sup>, 2006

### *Step Eight: Made a list of all people we had harmed and became willing to make amends to them all.*

My favorite word in the eighth step is “willing”. When I got to CA, I was so beaten down by my addiction that I was willing to go to any length to get sober. This IS the last door before the window. So “became willing” was pretty easy. A lot of my amends came from my fourth step list but that didn’t go far enough. I had a lot of amends with no resentments behind them. The financial amends were easy to list. The non-financial amends were a lot harder

to list. I had to list people I had harmed through my behavior and actions. Though I hadn’t physically harmed them, the emotional was probably worse and I have to be held accountable for that. By the time I got to the eighth step I trusted God enough to remove all barriers for a thorough list. Trust God, clean house, help others.

--Anonymously Submitted



# JULY 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
2010 World Convention Planning Meeting						
13	14	15	16	17	18	19
2009 Area Convention Planning Meeting		ASC Meeting				
20	21	22	23	24	25	26
27	28	29	30	31		

# AUGUST 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
2010 World Convention Planning Meeting						
10	11	12	13	14	15	16
2009 Area Convention Planning Meeting						
17	18	19	20	21	22	23
ASC Meeting						
24	25	26	27	28	29	30
31						

## July and August Sobriety Clean Time Birthdays

Gloria Z. 7/5/1998 10 years  
 Morgan J. 7/8/1999 9 years  
 Michael A. 7/14/2006 2 years  
 Ken D. 7/28/1983 25 years  
 Eric D. 7/28/2006 2 years



Sheri J. 8/14/1988 20 years  
 Mark K. 8/17/2002 5 years  
 Frank K. 8/24/2004 4 years  
 Gregg B. 8/26/1999 9 years  
 Sally J. 8/27/2002 6 years  
 Anita J. 8/28/2004 4 years

**Give a message of HOPE to the newcomer. Submit your sobriety/clean time anniversary to our Area's newsletter calendar!**

Write to: C.A. SPIRIT 9203 W. Blue Mound Rd. Suite A Milwaukee, WI 53226  
 or e-mail the editor: insidious\_insanity@yahoo.com

## Area Service

5:00 PM Area Convention Committee / 2nd Sunday  
 6:00 PM Delegate Committee / 1st Monday  
 (9105 W. Howard Ave. Milwaukee, WI)  
 2:00 PM Unity Committee / 2nd Sunday  
 6:30 PM G.S.R. Orientation Meeting / 3rd Tuesday  
 6:00 PM Special Events Committee / 3rd Tuesday  
 6:00 PM Treasurer Committee / 3rd Tuesday  
 6:00 PM Finance Committee / 3rd Tuesday  
 6:30 PM Internet Committee / 3rd Tuesday  
 7:00 PM Area Service Committee Meeting / 3rd Tuesday  
 6:00 PM H & I Committee / 3rd Tuesday

Open Positions: Co-Secretary, Special Events Chair,  
 Alternate Delegate

Service Committee Meetings are held at:  
 C.A.W.A. Central Office  
 9203 W. Blue Mound Rd.  
 Suite A  
 Milwaukee, WI 53226



All C.A. members are WELCOME and encouraged to attend.