

MARCH
APRIL
2008

C.A. Spirit

COCAINE ANONYMOUS OF WISCONSIN AREA, INC.
414.445-LIFE (5433) CAWISCONSIN.ORG

BI-MONTHLY NEWSLETTER ISSUE #18

RARELY HAVE WE SEEN A PERSON FAIL WHO HAS THOROUGHLY FOLLOWED OUR PATH

Midwest Regional Assembly



What is the Midwest Regional Assembly?

A Region should hold a Service Assembly at least once per year, preferably five months prior to the annual World Service Conference. The Regional Service Assembly should be hosted by one Area. Attendance is open to all C.A. members; however, voting is exclusive to those members representing the Region: Trustees residing in the Region, WSC Delegates, and Area Chairpersons. WSC Delegates may carry no more than two votes at the Regional Assembly (one proxy pursuant to WSC voting procedures). Voting agenda should include only the selection of Trustee Candidates pursuant to the procedures outlined herein and proposed locations for future Regional Assemblies. It is suggested that the Regional Assembly adopt the C.A. Manual to govern its proceeding and voting process. The Regional Assembly can then make appropriate modifications. Possible topics of discussion may consist of:

1. Area and District structure.
2. Finance.
3. Various Committees (see Area/District Committees).
4. Tradition breaks.
5. How to carry the message.

Regional Service Assemblies should be presided over by a Chairperson (voting member) elected at the beginning of the Assembly and who shall preside for that Assembly only. Delegates' and Area Chairpersons' expenses to the Regional Assembly should be provided exclusively by their local Areas. It is suggested that the Region, or Regional Service Assembly, not maintain bank accounts or corporate structure; nor should it sponsor social events. It is however, acceptable for one or more Areas within a Region to present social events.

Current States in our Region:

Illinois Indiana Kentucky
Manitoba, Canada
Michigan Minnesota Missouri
Nebraska Wisconsin
Western Pennsylvania/Ohio *Iowa
*North Dakota
*South Dakota *West Virginia

The Midwest Regional Assembly will be hosted this year by Milwaukee Wisconsin. It will be held Saturday, March 8th at 11:30am immediately following Breakfast Club meeting at the CA central office. We will have lunch available for purchase at \$12 per-person.

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"My stability came out of trying to give, not out of demanding that I receive."



THE BEST OF BILL
p.46-47

Hope
Faith
Courage

We are always looking for submissions from members. If you have ideas, poems, stories, recovery humor or any special group related information that you would like to see in this publication, please send to: C.A. SPIRIT, c/o C.A.W.A. Central Office, 3060 N. 68th Street, Milwaukee, WI 53210

Dear Addict,



I know that relying on my own will has gotten me into trouble many times. How do I stop myself from reacting to situations in a selfish type of way?

Dear Anonymous, It is when we try to make our will conform with God's that we begin to use it rightly. To all of us, this was a most wonderful revelation. Our whole trouble had been the misuse of willpower. We had tried to bombard our problems with it instead of attempting to bring it into agreement with God's intention for us. *To make this increasingly possible is the purpose of the Twelve Steps, and Step Three opens the door.*

- Twelve Steps and Twelve Traditions p.40

Our World Service Conference approved books of Alcoholics Anonymous, Twelve Steps and Twelve Traditions, Hope, Faith & Courage, and other C.A. literature is used to answer inquiries to this section of the C.A. Spirit newsletter - *Dear Addict*.

If you have difficulty understanding or questions regarding our literature, please ask for help from your Sponsor, or another member of Cocaine Anonymous.

Opportunities for
GROWTH



Calendar of Upcoming Cocaine Anonymous Events

Illinois Area Unity Convention 2008 "Leap into Recovery"

Where: Westin Hotel, 400 Park Blvd., Itasca, IL

When: February 29th thru March 2nd

For more info please see Online registration form or call Charlene B. 708-870-6154 or Robert H. 847-757-7188

2008 Spring Retreat is Coming up!!

March 28th-March 30th

Timber-Lee Retreat Center
East Troy, WI 53120
Only \$110 for entire weekend!
Call Dominic G. 414-507-9721

Celebrate Around the World-

March 8th, 2008 7:30pm-12:00am

Serenity Club- Cudahy, Wisconsin
Speaker meeting and Dance

Midwest Assembly will be hosted here in Milwaukee at our Central office at 11:30am - immediately following Breakfast Club meeting at CA Central Office-All concerned members are welcome to attend.

Lunch will be available for \$12.

2008 Cocaine Anonymous 24th Annual World Convention

Salt Lake City, Utah

MAY 22nd to 26th, 2008



To Practice These Principles

Honesty, Hope, Faith, Courage, Integrity, Willingness,
Humility, Love, Forgiveness, Discipline, Awareness, Service

Open Positions at the

Wisconsin Area central Office

Secretary and Co-Secretary

Events Chair

Alternate Delegate

Wisconsin Area meeting is held on the 3rd Tuesday of each month at CA central office

Located at

3060 N. 68th St. Milwaukee, WI 53210

Meeting begins at 7pm.

Please come and be of service!

Salt Lake City Marriott Downtown

* 75 South West Temple

* Salt Lake City, Utah 84101 USA

Phone: 1-801-531-0800 or Toll Free 1-800-228-9290

Share your Group or Area Committee Events... For more information contact C.A. Spirit Editor,

Niki D. 414-405-5067 or e-mail at nmdrake81@yahoo.com

Event flyers may be found at your C.A. home group literature table or on our web page: cawisconsin.org

Step Three: Made a decision to turn our will and our lives over to the care of God as we understood Him.

When I was trying to reclaim my foothold after my last use I had all kinds of questions. Questions that were only answerable by my looking to a power greater than myself.

When faced with “turning my will and my life over to the care of God as I may see God”, I was at a loss. That is, at first. The more



willing I became to let my Higher Power guide me, the more I began to understand what it is that has been keeping me here in CA.

I am here to become a higher being, to serve when needed. Inherent in me, maybe in all of us, is the need to feel and give love. This step allowed me to let go of my reservations, my fear of love.

When I was able to let go it was a huge relief. My Higher Power guides me today. I have a relationship with God today. Had it not been for these rooms, and these Twelve steps, I would still be lost.

In love and service,
Michael A.

Practicing Step Three is like the opening of a door which to all appearances is still closed and locked. All we need is a key, and the decision to swing the door open. There is only one key, and it is called willingness. Once unlocked by willingness, the door opens almost of itself, and looking through it, we shall see a pathway beside which is an inscription. It reads: “This is the way to a faith that works.”

-Twelve and Twelve p.34

Step Four: Made a searching and fearless moral inventory of ourselves.

When it was time for me to do my fourth step, I was not fearful of taking a look at my personal inventory. I knew that I had character defects, but I honestly had no clue what they were! Well, I did know that procrastination was one of them, so I sort of began practicing that one right away.

Through working with my sponsor, and seeking advice from others in the program, I finally began putting my pen to the paper. During this time I know that God was with me because it seemed that every meeting I attended was dis-

cussing Step Four.

The hardest part of working my fourth step was actually getting started! Once I began writing, all kinds of resentments easily floated back into my memory. I created my list and then looked at my part in these situations.

It was difficult for *me* to see *my* part in any of this at first. My sponsor, on the other hand, proved to be an expert on this subject. With her help, I began to see where I had been selfish, self-seeking, insecure, fearful, etc.

Working step four has been one

of the greatest gifts I have received in recovery! Because of it, I have gained self-awareness. I see that if I had acted differently in past situations, things may not have been quite so chaotic. Because of this awareness, I actually think for a moment before speaking or reacting. I see how my actions affect myself and others, and I am willing to accept responsibility for this today. I am grateful for this program, my sponsor, and the fellowship. I finally have come to accept that it is okay to grow up!

Sage S.

MARCH 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8 Celebrate Around the World
9	10	11	12	13	14	15
Convention Planning Meeting						
16	17	18	19	20	21	22
ASC Meeting						
23	24	25	26	27	28	29
30	31					

APRIL 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
ASC Meeting						
Convention Planning Meeting						
20	21	22	23	24	25	26
27	28	29	30			

March and April Sobriety Clean Time Birthdays

Sharon S. 3/02/1991 Jan S. 3/04/2002 Jill E. 3/06/1992 Mike K. 3/09/1987 Audrey W. 3/07/2001 Todd R. 3/10/2003 Tom H. 3/17/1991 Robert D. 3/19/1996		Kathy J. 4/02/1997 Phil R. 4/05/2003 Michele S. 4/09/2006 Fred F. 4/22/2006
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Area Service

- 5:00 PM Area Convention Committee / 2nd Sunday
- 6:00 PM Delegate Committee / 3rd Tuesday
- 2:00 PM Unity Committee / 2nd Sunday
- 6:30 PM G.S.R. Orientation Meeting / 3rd Tuesday
- 6:00 PM Special Events Committee / 3rd Tuesday
- 6:00 PM Treasurer Committee / 3rd Tuesday
- 6:00 PM Finance Committee / 3rd Tuesday
- 6:30 PM Internet Committee / 3rd Tuesday
- 7:00 PM Area Service Committee Meeting / 3rd Tuesday
- 6:00 PM H & I Committee / 3rd Tuesday
- 6:00 PM Public Information Committee/3rd Tuesday

Open Positions: Treasurer Committee, 1 Delegate,
3 Alternate Delegate, Parliamentarian

See your group's G.S.R. for information regarding Area service opportunities.

Service Committee Meetings are held at:
C.A.W.A. Central Office
3060 N. 68th Street,
Milwaukee, WI 53210



All C.A. members are WELCOME and encouraged to attend.